# Addressing Homelessness during Pregnancy for Women and Gender-Diverse People

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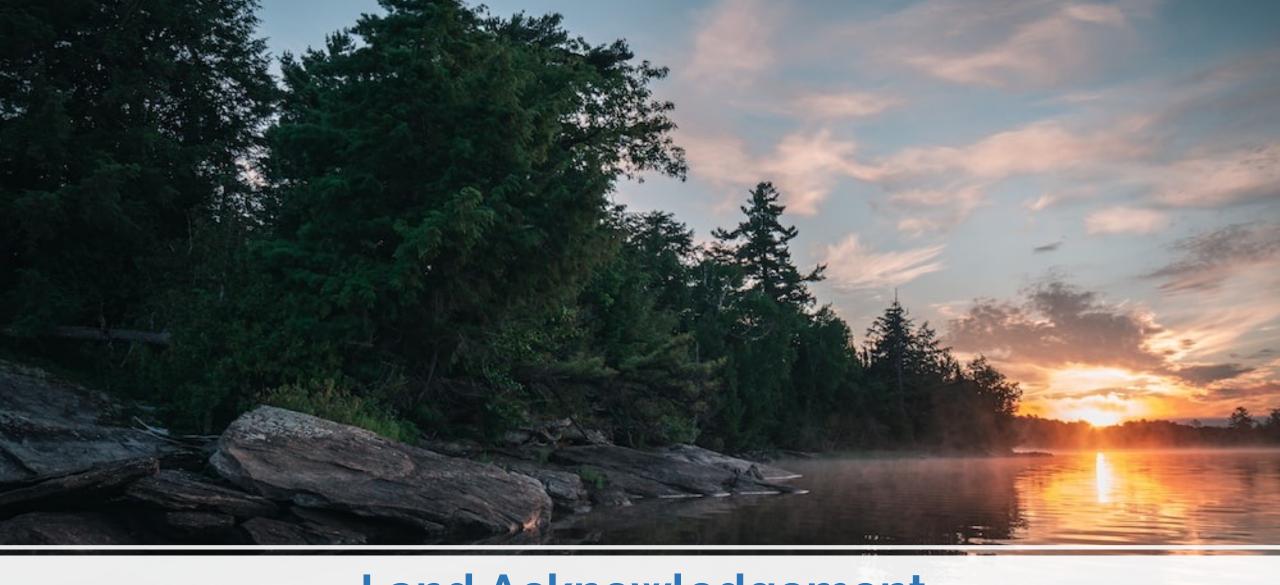




Social Sciences and Humanities Research Council of Canada





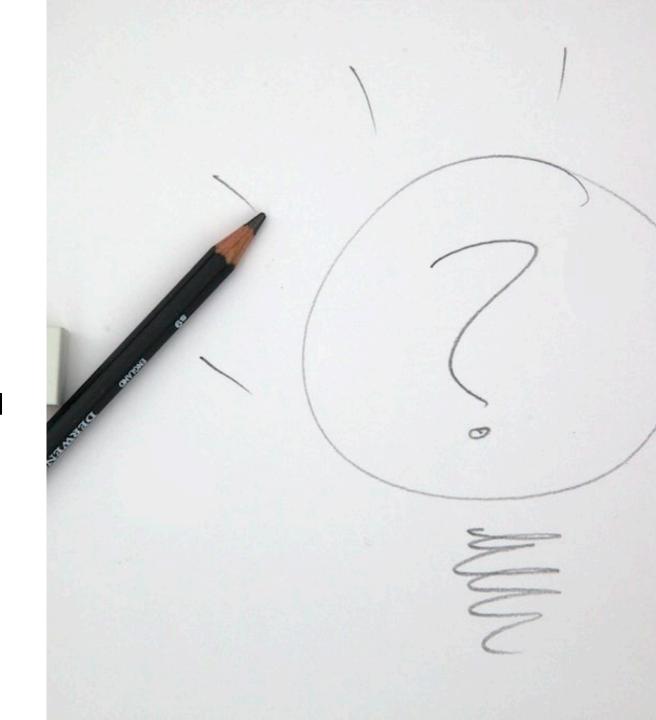


Land Acknowledgement

### **Presentation Objectives:**

- Provide background about Gender-Based Analysis+ approaches to dealing with homelessness during pregnancy
- Share an animation video created as a knowledge mobilization and advocacy tool
- Describe an overview and results one-day symposium held in Toronto in June 2023







## Overview of Community Collaborator: YPNFA

- https://www.ypnfa.org
- Network of Toronto agencies and organizations
- Convened by Toronto Public Health in 1997 following the death of an infant in a shelter
- Strong interprofessional collaboration

"20 YEARS AGO A TRAGEDY,
20 YEARS LATER A LEGACY."

### Background

- 300 children born into homelessness in Toronto (Shah et al., 2017)
- Less access to prenatal support (Chyzzy et al, forthcoming)
- Unsafe and transitory housing; frequent re-location
  - Moved 2-7 times in 8 months
  - Average number of moves 3.4 (Chyzzy et al, forthcoming)
- Newcomers to Canada: challenges navigating the shelter system (Chyzzy et al, forthcoming; Schwan et al, 2020)

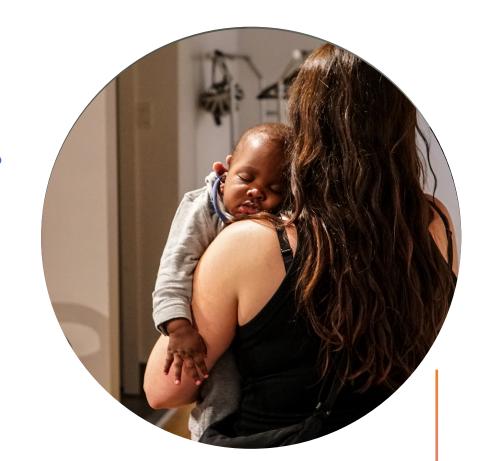




### Background

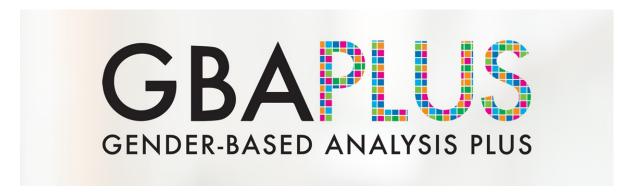
- Long-standing male-centric approaches to service provision (Chyzzy et al, forthcoming; Schwan et al., 2020).
- Fear of child apprehension (Krahn et al., 2018)
- Emergency shelters feel stifling and oppressive (Azim et al., 2018; Chyzzy et al., forthcoming; Swick & Williams, 2010)
- Lack of culturally appropriate care (Vecchio, 2019)





### Gender Based Analysis + Approach

- Experiences of homelessness for women and gender diverse people are distinct from men (Schwan et al., 2020)
- Greater visibility of men in the homelessness







### **Need for a Symposium**

- Siloed policies in shelters and fragmented social services cause barriers to access essential prenatal and postnatal support
- Vital need for knowledge exchange between key stakeholders such as people with lived experience, service providers, researchers and policymakers.





### **Objectives**

The 4 objectives of the symposium were to:

- 1. mobilize experiential knowledge
- identify gaps in existing knowledge and reach a consensus
- 3. disseminate key messages
- 4. establish collaborative, interdisciplinary, and reciprocal partnerships









**Showcasing A Path to Safety Video** 

# Symposium Overview

Morning: Presentations

Afternoon: World Café

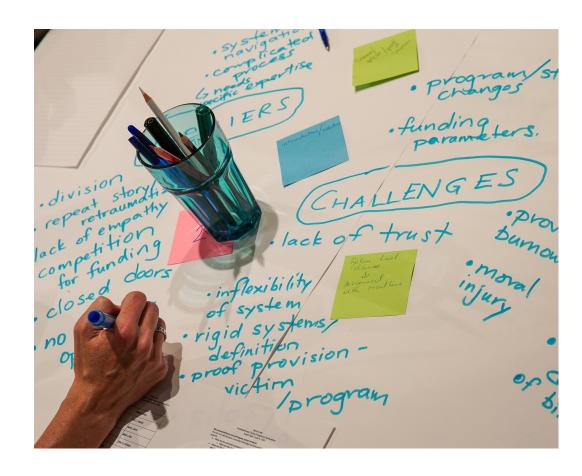






### **Barriers & Challenges**

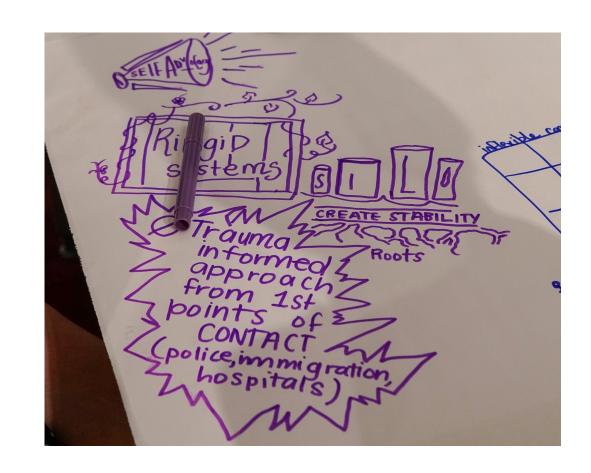
- Siloed care
- Inflexibility of services
- Confusion navigating the shelter system
- Perpetuation of trauma
- Barriers exiting homelessness
- Immigration status
- Lack of personal skills related to self-advocacy





### Recommendations

- Integrated care and increased intersectoral collaboration
- Trauma-informed service provision
- Developing strategies to exit homelessness
- More affordable and supportive housing
- Barriers exiting homelessness
- Further research needed (streets needs assessment)





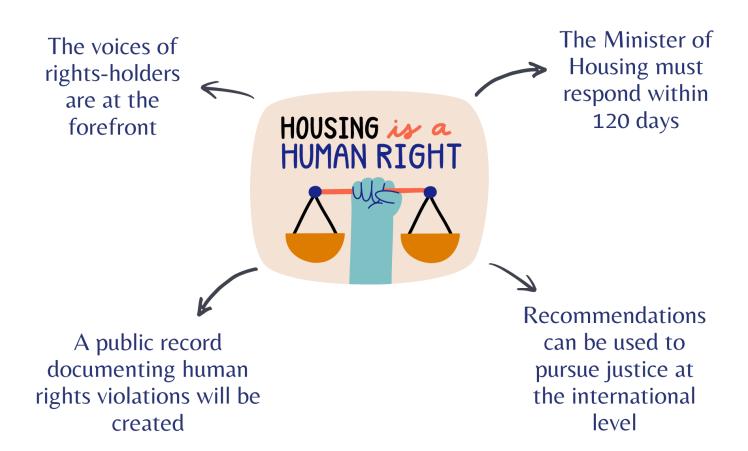
### **Next Steps!**

Human Rights Claims Review Panel

Federal Housing Advocate



Marie-Josée Houle



#### WHY THIS PROCCESS MATTERS



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